

Recipe

White Peach & Vanilla Millefeuille

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Les vergers Boiron World Ambassador





Recipe White Peach & Vanilla Millefeuille

By Yann Brys

Recipe makes
6 desserts

White peach puree
Les vergers Boiron

Quince puree
Les vergers Boiron



PUFF PASTRY

Cold water.....	800 g
Sea salt from Gruissan	28 g
T55 all-purpose flour	1240 g
Melted butter	320 g
Caster sugar.....	40 g
Unsalted butter from Charentes PDO	1000 g

Sift flour and sugar together.
Add the water containing the dissolved salt and stir in gradually.
Add the 320 g of melted butter and mix.
Allow to rest for 12 hours at 4°C and add the unsalted butter.
Give 2 double folds and 2 single folds with a 1-hour rest between each fold.
Roll out the puff pastry to 2 mm thick and cut into a 40 cm x 60 cm sheet.
Bake at 175°C for approx. 20/25 mins, sprinkle with sugar when it comes out of the oven and return to the oven at 250°C to caramelize the sugar.
Cut 24 strips of 22 cm x 5 cm.

ELDERBERRY PEACH COMPOTE

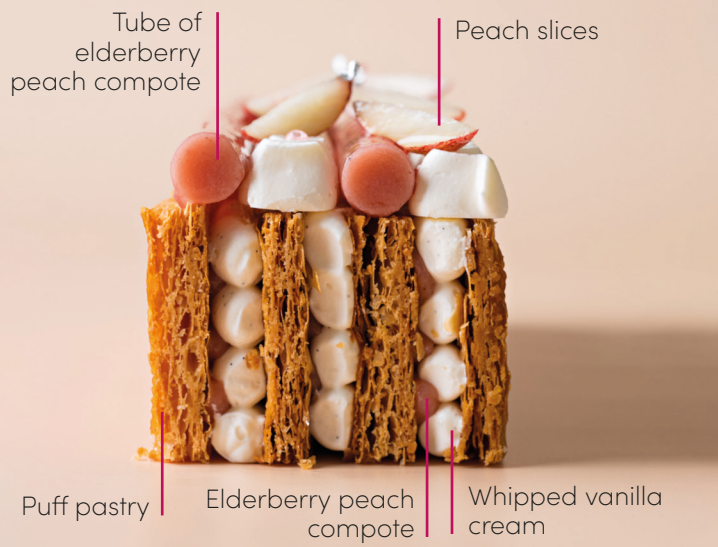
White Peach puree Les vergers Boiron	600 g
Quince puree Les vergers Boiron	120 g
Caster sugar	77 g
Pectin 325NH95	15 g
St-Germain Liqueur	70 g

Heat the purees together, add sugar and pectin, bring to the boil and cool to 4°C.
Mix and add the elderflower liqueur.
Line 1.5 cm diameter plexiglas tubes lined with rhodoid.
Set the rest aside.

WHIPPED VANILLA CREAM

Milk	70 g
Papua New Guinea vanilla	4 pcs
Caster sugar.....	140 g
Fish gelatin powder	11 g
Water	77 g
Mascarpone	290 g
Single cream	1500 g

Infuse the milk with the vanilla for 5 mins.
Add the caster sugar and simmer.
Add the soaked gelatin.
Strain over the mascarpone and mix.
Add the cold cream, mix and leave to cool for 12 hours at 4°C.



Assembly

Pipe the whipped vanilla cream onto the surface of 18 strips of puff pastry.
Add tubes of peach compote between the vanilla cream.
Assemble the strips.
Once assembled, place the compote tubes on top, alternating with the piped vanilla cream.
Decorate with peach slices.

NOTES

Blank lined area for notes.

Let's cultivate fruit excellence

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