

Recipe

Rhubarb and Wild Strawberry Eton Mess

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Executive Pastry Chef





Recipe Rhubarb and Wild Strawberry Eton Mess

By Nicolas Houchet



Orange puree
Les vergers Boiron
no added sugar



Red Rhubarb puree
Les vergers Boiron
no added sugar



Strawberry puree
Les vergers Boiron
no added sugar



Wild strawberry puree
Les vergers Boiron
no added sugar



Lime Puree
Les vergers Boiron
no added sugar



Frozen IQF
Strawberries
Les vergers Boiron

RHUBARB MERINGUE

Red Rhubarb puree	1000 g
Clarified Red Rhubarb	300 g
Trehalose	150 g
Caster sugar	150 g
Xanthan gun	100 g
Hyfoamer (Milk Proteins)	3 g

Clarify the Puree to remove the pulp.

Place 300gr of Clarified red rhubarb into a mixing bowl with the xanthan gum, caster sugar, threhalose and hyfoamer.

Stick blend well until smooth.

Whisk on low speed for a small and even aeration until a smooth and sghining texture is achieved.

Pipe into the desire shape, on a silicone mould dusted with icing sugar.

Place in a dehydrator over night at 55c maximum, keep in airtight container with drying agent until use.

STRAWBERRY COMPOTE

Strawberry puree	200 g
Wild strawberry puree	150 g
Frozen IQF Strawberries	300 g
Vanilla paste	5 g
Caster sugar	50 g
Pectin NH	12 g

Heat up the Purees to 40c , add in the sugar and pectin and whisk well. Let to rest for 10mn.

Add in the copped Frozen strawberries and bring to a boil. Let to set in the fridge.

WILD STRAWBERRY AND VANILLA COULIS

Strawberry puree	100 g
Wild strawberry Puree	50 g
Lime Puree	30 g
Icing sugar	30 g
Vanilla paste	5 g
Xanthan gum	1 g

Place all the ingredients together in a mixing bowl, stick blend well.

Let to rest in the fridge over night

POACHED RHUBARB

Fresh rhubarb Stick..... 1
Orange puree 50 g

Cut the rhubarb into segment and place in a vac bag with the orange puree.
Cook at 61c in a water bath until tender

VANILLA CHANTILLY

Whipping Cream..... 250 g
Mascarpone 50 g
Icing sugar 50 g
Orange zest finely grated 3g
Vanilla paste..... 5 g

Whisk all the ingredients together to a soft peak texture



NOTES

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Let's cultivate fruit excellence



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